

FOR PARENT/GUARDIANS OF LCLC CAMPERS - 2020

Dear Parent,

We are excited that your child will soon come to camp! We look forward to meeting you and your child and suggest that you mutually talk about the items in this packet. In your conversations, please highlight the following:

- * **Prepare well in advance**, taking notice of the items below, *before coming to camp*.
- * **Closely examine your camper's luggage** to insure that everything is packed on both the General and Special Packing Lists and note the '*not permitted*' items. Children adapt to camp much easier if they have everything they need.
- * Although infrequent, **homesickness** may be a challenging issue. Reactions of both children and parents can be in a constructive or unhealthy way, depending on the personality of the individual.
 - **Emphasize that your child is "going" to camp** *rather than* "being sent" to camp.
 - **Mention things like "I'm so excited for you!" or "Camp will be a great experience" rather than** "I'll miss you so much while you're away" or "I can't wait for you to come home."
 - **STRONGLY avoid statements like "Call me." "Text me." or "You can come home if you don't like it."** Not giving camp a fair chance only compounds the problem for those who have adjustment difficulties. LCLC is a community where we ask everyone to "unplug" for the week. As such, campers are asked not to use phones while at camp.
- * **Heighten your child's interest** by pointing out some of the exciting things you remember about your camp experience or a similar overnight. Be positive about how you were able to handle being away from home.

A fantastic summer experience is in store for your child! Thanks for choosing to send your child to LCLC!

In Christ,

LCLC Staff

BEFORE COMING TO CAMP

Get ready now and avoid inconvenience later.

- **Send the Following at Least Three Weeks In Advance:**

Full Camp Fee Payment	Canteen Deposit
Completed Health Form	Camp Photo Order
Parent's Information	Camper's Letter
Special Needs Information Form	
Meningitis Form if applicable (RATS campers only)	
Other Required Items in this Packet (RATS and Sailing Camp).	

The check-in process can be significantly shortened if you return these items at least three weeks prior to arrival.

- **Full Camp Fee Payment.** Send this in with the bottom portion of the enclosed Acknowledgement Letter.
- **Canteen Deposits.** There is no need for your child to have cash while at LCLC. Canteen Deposits (camp store) can also be made in advance with the form on the bottom of the enclosed Acknowledgement Letter.

Your camper may purchase LCLC clothing or souvenir items during Sunday check-in or Friday check-out. During the week we recommend a **maximum of \$15** for the Canteen, which is normally open once a day. This account allows your child to "purchase" drinks, snacks, postcards and stamps.

At the end of the camp, you can donate the balance to a designated cause or receive the cash refund.

- **Camp Photo Order.** You can also place your child's order in advance for an 8"x10" glossy photo of his/her camp program group for \$7. Place your order on the Registration Acknowledgement Letter.

⚡ Please Note ⚡

- **Health & Examination Form and Medications.** New York law requires a current Health Form and Immunization History **every year** and a Physical Examination with in **one year** of your child's camp experience.

LCLC is required to comply with all NY Health Department and State regulations. This form is confidential and will be kept on file in the Health Center. In the event that your child participates in an off-site program, a copy of their Health Form will be sent with the group's first aid provider.

Please review the Health & Examination Form instructions carefully to ensure LCLC's ability to provide for your child's medical needs while at LCLC. ***All medications, both prescription and over-the-counter, must be accompanied by a written standing order signed by a physician.***

The Health & Examination Form ***must be signed by both a parent/guardian and the Primary Physician.***

All prescription and over-the-counter medications must be in the original container with label and directly given to the Camp Nurse who keeps them in the Health Center and dispenses them at the appropriate times and dosages. If your child requires any medications to be given while at camp, be sure to have your physician complete the appropriate portion of the Health Form as well as the required prescription form.

Please be aware that your child will be screened upon arrival for general health as well as flu symptoms. If your child has flu symptoms and/or a fever of 100° F or more at arrival, he/she will not be permitted to stay at camp. If a fever develops at any time during camp, we will call you immediately.

ARRIVING AT CAMP & CHECK-IN

Early arrival is **not** possible, since staff preparations continue right up until check-in time. Late arrivals may experience some inconvenience because LCLC staff become involved with the program activities after check-in closes.

Please make every effort to arrive between

2 and 4 pm Sunday afternoon of your week at camp.

Your check-in may be significantly shortened when you have mailed your forms in advance. Your camper should remain with you throughout the registration process until you say goodbye.

1. **Please park your auto in the designated areas. Do not drive up to cabins.** Bring with you any balances due, Canteen Deposits, medications, and any other required forms not already returned to LCLC.
2. **Stop at the Registration Table at the Pavilion,** to register your arrival, submit or update your Camper Release, get your cabin assignment, order a photo, make a Canteen Deposit and/or pay any balances due.
3. **Next, go to the Nurses' Table. Every camper needs to be screened in the presence of his/her parent or appointed guardian.** Any camper who has not mailed in or updated his/her Health Form, has medications, or has had an illness or injury that occurred since sending the Health Form, will need to clarify these matters with the Camp Nurse.
4. **Go to the Canteen** (camp store) in the Dining Hall where you can purchase camp tee shirts or other nifty items prior to going to the cabin. (Optional)
5. **Return to your car, get your luggage, and take it and your camper to his/her cabin.** Staff will be available to assist you and your child in finding your way and carrying gear.
6. **Say "good-bye",** knowing that you and your camper will have a great week. The quicker the "good bye" the easier it is for both you and your child.

DEPARTING CAMP & CHECK-OUT

Please be sure that you have signed and submitted the Camper Release on the cover letter which informs LCLC Staff who may transport your child home. Please indicate if a non-custodial parent may NOT pick up your child. We hope that this Release Form will help avoid any misunderstanding.

At departure, you also need to:

1. **COME TO THE CLOSING PROGRAM** Parents, guardians, immediate family, and friends are encouraged to participate in the Closing Program. Campers may depart after the Program. Closing Program for all camps* begins at 6:30 pm Friday. Campers may depart after the Program - about 30 minutes long. (Note: *Confirmation Camp ends on Friday morning at 9:30 am. New in 2020, Senior High Week ends on Friday at 6:30 pm.)
2. **As directed, park your car and go to the designated area/building for your camper's Closing Program. Please do not go to your camper's cabin.** Campers will be dismissed for Check-Out from the designated area/building after the Closing Program is complete.

3. **After the Closing Program, sign out with your child's Counselor.** Children will be released only to the person who has been previously designated by the parent/guardian on the Acknowledgement Letter. LCLC requires the signature of the person who is picking up your child, including parents'. A fax with the parent's signature will be required if any last minute changes are to be made.

4. **See the Camp Nurse.** If you brought medications which you need to take home or have any questions, you need to see the Camp Nurse in St. John's Dining Hall.

5. **Stop at the Canteen in St. John's Hall.** You do not need to visit the Canteen if you have chosen to donate your child's remaining Canteen Deposit balance to an LCLC purpose.

MORE GOOD THINGS FOR PARENTS TO KNOW ABOUT LCLC

SPECIAL DIETS. In order to plan for the correct food, LCLC needs to know **at least two weeks in advance** if your camper requires a special diet for medical reasons (diabetic or doctor prescribed) or is a vegetarian. If a special diet is required, send a detailed note to LCLC or call LCLC during weekday office hours. Also, please note allergies on the *Parents' Information* and the *Health Form*.

MAIL & PACKAGES. Mail is delivered daily Monday-Friday. Mail for campers is distributed during the dinner hour. Campers are encouraged to write home during the course of their stay. Likewise, a letter from home can be a highlight of a camper's day. It takes **two - four days** for mail to arrive, so plan ahead! Please address your letters to:

*Camper's Name
Lake Chautauqua Lutheran Center
5013 Route 430
Bemus Point, New York 14712*

*Please see the insert for the
Bunk Notes program!*

CAMPER BEHAVIOR. LCLC strives to provide a safe, Christian community for your child. Behavioral rules and expectations are covered with campers, often using a contract or covenant method. Intentional malice and willful destruction of camp property results in informing parents of the camper's behavior. Campers will be expected to pay for the repair or replacement of vandalized items.

If LCLC has a concern during your child's session, we will consult with you. **On rare occasions, campers may be asked to leave camp before the end of the week.** This is due to the camper's behavior not being in accordance with LCLC's Code of Conduct. In these situations, the camper will be dismissed with no refund and the parent/guardian will be responsible for the immediate transportation of the camper from camp.

NOTIFICATION OF PARENTS. Parent/guardians listed on the Health Form will be notified in the event of any prolonged illness, of an emergency which requires off-camp medical attention, or of behavioral concerns. If the listed parent/guardians cannot be reached, the other emergency contacts on the Health Form will be notified. During check-out, parents may speak with the nurse about their campers week at camp and any basic health care issues that may have arisen.

Please note the items on the General Packing List that should NOT be brought to camp.

CELL PHONE/ELECTRONIC DEVICES. LCLC believes that one of the valuable qualities of camp is the uninterrupted time away from home and technology. Consequently, campers' use of cell phones/devices for calls, texting, and accessing the internet is not permitted during camp. ***Please help us by not calling or texting your camper or asking them to call or text you throughout the week.***

LCLC staff leaders are glad to discuss your child's experience at any time. Routine calls can be made during office hours. During non-office hours, please leave a message. Messages are regularly monitored.

SNACKS. ***Snack items should NOT be brought from home*** for your camper. Snacks can be purchased in the LCLC Canteen once each day. Food stored in cabins attracts "critters" such as insects, mice, raccoons and even skunks.

LOST & FOUND. LCLC can return any "lost" items upon request, at your expense, within two weeks after your child leaves camp. LCLC is not responsible for lost or damaged items. Any items which are not claimed are donated to charity at the end of summer.

RULES FOR ACCEPTANCE. Campers are enrolled on a "first come, first serve" basis. Rules for acceptance and participation are the same for everyone, without regard to race, color, national origin, or disability.

HAVE QUESTIONS?

**Camperships &
Retreat Reservations:**
Ask for Brenda Peterson,
Retreat & Office Manager.

Camp Program Activities:
Ask for Lee Lindeman,
Executive Director

**Medical / Dietary Needs
Registration & Balance Due:**
Ask for the Registrar

GENERAL PACKING LIST

Please **label all items with your full name** using a laundry marker, so that you do not lose your personal belongings.

NECESSARY ITEMS

- | | |
|---|---|
| ☐ Bible | ☐ Flashlight & extra batteries |
| ☐ Sleeping bag (preferred) or 2 sheets and 1 blanket | ☐ At least 2 pairs of closed-toe shoes (sneakers) or light boots |
| ☐ Pillow & pillowcase | <i>(Wearing slip on sandals or flip flops around camp is discouraged!)</i> |
| ☐ Warm, comfortable clothes (jeans, 1-2 sweatshirts or fleeces) | ☐ Water shoes or sports sandals for swimming, boating, and showers |
| ☐ Head-to-toe raingear, like a slicker, poncho or raincoat with hood or rain hat | ☐ Toothbrush & toothpaste |
| ☐ Swimsuit | ☐ Soap & shampoo |
| ☐ Beach towel | ☐ Deodorant & other toiletries |
| ☐ Handkerchief/Tissues | ☐ Sunscreen (min. 30 SPF recommended) & sunglasses |
| ☐ Shorts | ☐ Retention strap for glasses |
| ☐ Tee shirts, short sleeved shirts | ☐ Money for Canteen and Camp Photo (if not paid in advance) |
| ☐ Underwear & socks for each day at camp | |
| ☐ Pajamas | |
| ☐ 1-2 towels & washcloth | |
| ☐ Jacket or windbreaker | |

DO NOT BRING...

Cell Phones Tablets MP3 Players Electronic Games Expensive Jewelry or Clothing Snacks from Home
Computers Knives Weapons Tobacco / Alcohol Products Drugs/Drug Paraphernalia

These items can interfere with the Christian community we try to build during a week of camp. If your camper's cell phone is also their camera, we'll be happy to work out ample time for camera use. Disposable cameras are a cool retro option too.

If discovered, the above items will be stored during camp and returned to the camper's parent/guardian at Check-Out.

OPTIONAL ITEMS - All the following are **recommended** but not necessary.

- | | |
|--|--|
| ☐ Daypack or bookbag | ☐ Laundry bag |
| ☐ Postcards, stationery, stamps, pen/pencil | ☐ Clothespins |
| ☐ Disposable camera | ☐ Plain white T-shirt to tie-dye or paint |

SPECIAL PACKING LISTS

The unique activities of the Specialty Camps below require that you bring the following special things other than those listed in the General List. Note:

N = **N**ecessary to bring. Call LCLC if you need an alternative.

R = Highly **R**ecommended if you have it already or can afford it

Sailing I & II

- ___ **R** A long-sleeve, quick-drying T-shirt for warmth and sun screen
- ___ **R** Sun screen SPF 50
- ___ **R** Retention strap for glasses
- ___ **R** Retention strap or clip for your hat, or it will fly away!
- ___ **N** Water shoes, sneakers, or sports sandals that will stay wet. Appropriate footwear must be worn when in boats.

R.A.T.S.

- ___ **R** Sleeping bag and its stuff sack, both made from synthetic materials (nylon, polyester). This is far better than cotton sheets or a cotton sleeping bag because cotton absorbs and holds water.
*Please note: RATS sleep in our platform tents. L-I-T campers will change cabins each week.
- ___ **R** Flashlight, good rain/mud boots, extra socks, and an extra swimsuit.
- ___ **R** **Larger Canteen Deposit than usual** Suggested: \$20-30 for RATS and LIT.
Because these are multi-week programs, you may need more than the \$10 maximum suggested for other campers.

Horse Camp

- ___ **N** Long pants /jeans for when horseback riding
- ___ **N** Boots with heels. Heels will keep your feet from slipping through the stirrups.

Camper Code of Conduct

To be signed by the camper and Parent.

LCLC Summer 2020

LCLC seeks to be a safe, accepting, and inclusive environment for all children. To better ensure this kind of environment is provided, we ask that campers and their parents agree to the following:

Camper Rights:

1. To be respected and treated fairly, regardless of differences, by the other campers and the LCLC staff.
2. To be safe in all camp settings.
3. Not to be bullied by others, either with actions or words.

Camper Responsibilities:

1. To treat others fairly and respectfully, regardless of differences.
2. To behave in a way that does not affect the safety of themselves and or others.
3. To be kind, considerate and caring to others through actions and words.

Camper Signature: _____ Parent Signature _____

**Camper Code of Conduct**

To be signed by the camper and Parent.

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2. To behave in a way that does not affect the safety of themselves and or others.
3. To be kind, considerate and caring to others through actions and words.

Camper Signature: _____ Parent Signature _____



Lake Chautauqua Lutheran Center

Camper Care Form



The more we know about your child, the better able LCLC will be to meet their unique needs. No matter how seemingly small (nail biting, nervous quietness, homesickness, etc.) or complicated your child's needs are, please share them with us here. An online version of this form can be found at: <https://forms.gle/KBrkGtNCgniWdtEs5> or use the above QR Code.

Camper name: _____

Age: _____ Grade: _____ Week attending: _____ Program: _____

Parent name(s): _____ Today's date: _____

This is my child's _____ year attending LCLC.

What are some of your child's interests, gifts, and skills?

My child is most happy when

My child is likely to be timid, nervous, or afraid about

About what unique characteristic or diagnosis would you like to share more with us? What things can LCLC do to meet these needs?

Does your child experience nervousness or anxiety? [] Yes [] No

If yes, what does it look like? (Circle all that apply.)

- Anger
- Yelling
- Shut down
- Trouble controlling feelings
- Becomes quiet
- Fatigue
- Trouble concentrating
- Other _____

If a breakdown occurs, how should camp staff respond to help your child de-escalate?
What behavior management tools are used at home or school?
Does your child require special accommodations to navigate school? If so, please explain them and how LCLC might handle your child's needs with or without those accommodations.
Does your child have any special dietary needs?
My child is most looking forward to doing the following at LCLC this summer:

Please return this form as far in advance of your week of camp as possible.

We'll share this information just with the appropriate staff. Working together with you, our goal is to provide the best possible camp experience for your child and every child. Thank you very much!

Camper's Letter

To be filled out by the camper.

CAMPERS: To help you enjoy your LCLC camp experience, please complete and return this sheet to LCLC as soon as possible. It will be kept by your counselor or in the camp office and will not be seen by anyone other than the staff. We want you to feel free to share any information that will help us provide you with an enjoyable learning experience while here at LCLC. Thanks!

My name is _____ My friends call me _____

I am _____ years old and just finished _____ grade. I am coming to camp for the first time ☐ Yes ☐ No

I am coming to LCLC because _____

What I look forward to doing most at LCLC is _____

What I don't want to do at LCLC is _____

I am excited about _____

I am concerned about _____

I would like my counselor to know this about me _____

Other comments and ideas _____

☐ I am a **Sailing I**, or **Sailing II** camper and have also completed and returned page 7.

Your LCLC counselors & staff hope and pray you are as excited about the LCLC summer camp as we are.
We can't wait for you to get here!

Camper's Letter

To be filled out by the camper.

CAMPERS: To help you enjoy your LCLC camp experience, please complete and return this sheet to LCLC as soon as possible. It will be kept by your counselor or in the camp office and will not be seen by anyone other than the staff. We want you to feel free to share any information that will help us provide you with an enjoyable learning experience while here at LCLC. Thanks!

My name is _____ My friends call me _____

I am _____ years old and just finished _____ grade. I am coming to camp for the first time ☐ Yes ☐ No

I am coming to LCLC because _____

What I look forward to doing most at LCLC is _____

What I don't want to do at LCLC is _____

I am excited about _____

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I would like my counselor to know this about me _____

Other comments and ideas _____

☐ I am a **Sailing I**, or **Sailing II** camper and have also completed and returned page 7.

Your LCLC counselors & staff hope and pray you are as excited about the LCLC summer camp as we are.
We can't wait for you to get here!

Special Info Questionnaire for Sailing I & II Camps

Please return at least three weeks before arrival.

CAMPERS: Please complete the section below and return it with your Campers' Letter, Health Form, and Parent's Information so that your instructors and counselors will know how to make it one of your best weeks ever! Don't worry, you don't need to have much -or any- experience to be a Specialty Camp participant, but if you have, we'd like to know about it so that we can plan appropriately. Thanks so much!

~ The LCLC Staff

My Name first _____ last _____

Sailing I & II Camps

- I have had sailing lessons before. ☐No ☐Yes

Describe your skill: _____

- I have had canoeing lessons before. ☐No ☐Yes

Describe your skill: _____

- I can sail the boats listed here **by myself:** _____

- I can sail the boats listed here **with the help** of another sailor: _____

- The longest sailing trip on which I've been was _____ miles long.

Special Info Questionnaire for Sailing I & II Camps

Please return at least three weeks before arrival.

CAMPERS: Please complete the section below and return it with your Campers' Letter, Health Form, and Parent's Information so that your instructors and counselors will know how to make it one of your best weeks ever! Don't worry, you don't need to have much -or any- experience to be a Specialty Camp participant, but if you have, we'd like to know about it so that we can plan appropriately. Thanks so much!

~ The LCLC Staff

My Name first _____ last _____

Sailing I & II Camps

- I have had sailing lessons before. ☐No ☐Yes

Describe your skill: _____

- I have had canoeing lessons before. ☐No ☐Yes

Describe your skill: _____

- I can sail the boats listed here **by myself:** _____

- I can sail the boats listed here **with the help** of another sailor: _____

- The longest sailing trip on which I've been was _____ miles long.

LAKE CHAUTAUQUA LUTHERAN CENTER, INC.

Sharing the gospel of Christ Jesus in ways that give life.



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EMAIL: contact@lclcenter.org
WEBSITE: www.lclcenter.org

DATED MATERIALS!
PLEASE READ & COMPLETE SOON.
Acknowledgement of Your Summer Camp Registration

COME TO LCLC FOR YEAR-ROUND FUN!

- ▶ **SR HIGH WINTER RETREAT JANUARY 8-10 2021**
- ▶ **4TH—8TH GRADE WINTER RETREAT MARCH 5-7, 2021**

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